

Your Camp Counselors

Your children will be supervised by an enthusiastic group of counselors who are dedicated to providing your child with an outstanding camp experience. On staff, we have trained personnel in American Red Cross First Aid and CPR. We are committed to provide a fun, active, educational and safe program for all participants.

What To Bring & Wear To Camp

- Wear comfortable clothes & tennis shoes for active play.
- Apply sunscreen prior to arriving for camp.
- Campers should have their swimsuits on under their clothing.
 Children will change into their clothing prior to pick-up unless told otherwise.
- Skate/Wheelie shoes are not allowed.
- Bring a swimsuit, towel, sunscreen and a change of clothes.
- All clothing & personal items should be marked with child's name.
- Campers must bring a labeled bag lunch that does not require heating or refrigeration.
- Drinks and snacks will be provided.
- Please do not send excessive amounts of sweets with your child.
- Ipods, game boys and other electronics will only be allowed on special occasions.
- Please do not send valuables, money, electronics, cell phones or toys.
- The Swim Club cannot be responsible for losses or theft of belongings or valuables, but will be as cooperative as possible in recovering items.

Rules & Regulations

All campers are expected to follow instructions from their camp counselors at all times.

- Be respectful & polite to staff and other campers.
- Participate in activities with a positive attitude.
- Clean-up after themselves & put games away.
- No throwing toys, rocks, sand, mulch.
- Must be fully potty trained.
- Do not hit or kick others.
- · No foul language.

If campers break the rules:

Counselor will remind child of rule broken. If behavior continues, counselor will call the child's parent to pick him/her up from camp.

The Riverfront reserves the right to dismiss any camper whose behavior endangers him/herself, others, or interferes with the camp program. Our staff will make every effort to keep parents informed of behavioral situations that occur.

Accidents and Injuries

Should a child require medical attention, our staff is trained in Basic First Aid and CPR and will administer treatment while contacting 911 if necessary.

Rainy Weather

Explorers Camp will be held regardless of weather conditions. Programs and activities will be limited to the available indoor areas. Arts, crafts, games and other indoor activities will be planned for rainy days. Sports Camp and Golf Clinics may be rescheduled due to inclement weather.

Drop-Off ♦ Pick-Up Procedures

Explorers camp drop-off is held at the Swim Club multi-purpose room. Please be prompt!! Please notify us at drop-off if your child will be picked up by someone other than you, or if there are any other arrangements varying from their normal routine that we should be made aware of. We will make note of this in the Registration Book. Pick-up at the end of the day will always be at the Clubhouse. Please be prompt in picking up your child as our staff members have other responsibilities after camp and cannot be detained for an unreasonable amount of time. There will be an additional fee added for those campers not picked up on time.

Registration & Payment Guidelines

- Application and Release forms must be filled out completely for each child prior to the first day of camp.
- Children must be registered for each camp week. Advanced registration and deposit of \$25 per week secures your child's space in each weeks camp.
- Parents with two or more children enrolled in the Explorers summer camp program will receive a 10% discount on the additional child, applies to full weeks only. Does not apply to Golf/Tennis Camps, & Golf Clinics.
- Special needs or requests, please let us know in advance and we will try to accommodate.
- All registrations will be made at the Swim Club during normal scheduled office hours.
- Due to limited availability, camp registration will be accepted on a first come, first served basis.
- A minimum of 10 children is required to hold each camp.
- There will be no refunds for days not attended that were scheduled
- If an outside instructor/guest visitors is brought in an additional fee may apply. Notification will be given in advance.
- Full payment is due each week.
- Payment by check is preferred.

Please label EVERYTHING with your child's name.



The Riverfront Swim Club Summer Camps 2015



The Riverfront Swim Club Summer Camp's goal is to create the best possible camp environment for your child. We want you to feel confident that your child is being looked after in a safe, supervised, and welcoming environment. We believe camp is a place where children have the opportunity to make new friends, try new challenges and have fun experiencing our action packed camps that will take your children through many adventures.

Our themed weeks are full of customized activities that will keep your child busy throughout the summer. They'll swim, enjoy water fun, run around playing recreational games, try different sports, make crafts and create edible snacks.

The exploration begins on June 15th and will run through August 14th. Summer camp is offered for children ages 3 and up. All camps will be held at The Riverfront Swim Club.

5301 Sports Club Run Suffolk, VA 23435 www.riverfrontswimclub.com swimclub@charter.net 757-483-3906

Summer Camp Themes & Dates 2015



Explorers Summer Camp

Themed weeks packed full of exciting age appropriate activities, crafts and swim time.

Meets: Mon., Wed., Thurs. From: 9:30am - 12:30pm

Ages: 3 to 12 Cost: Daily \$25 All Three Days \$65

Campers are provided beverages & a snack each day. Please send a bagged lunch with your child each day. Depending on campers age range, campers may be split into groups with age appropriate activities.

Dates & Themes

June 15, 17, 18 Tasty Temptations

Campers will make all sorts of yummy snacks, crazy concoctions & tasty treats.

June 22, 24, 25 Blast From The Past

We'll be playing all sorts of old style games, this week: Four Square, Hop Scotch, Pick up Sticks, Square Dancing & more.

June 29 & July 1 Stars, Stripes, & Celebrations
Celebrate American & your birthday this week . Dig for Gold,
North vs. South, Gold Rush, birthday cake and cookout.

July 6, 8, 9 *H2Wow*

What can we do with water?!? The possibilities are endless. Come to camp and have a wet-n-wild week.

July 13, 15, 16 Fantastic Fairy Tales & Make Believe
Pirates & Mermaids, Princes & Princesses, Cowboys & Indians.
Games and crafts that are all about make believe.

July 20, 22, 23 Let It Pop

Popcorn, pop music, popsicles, lollipops. Balloons, bubble gum, bubbles. It's all about things that pop!

July 27, 29, 30 Disney Days

Games, crafts, music & games with some of our favorites; Mickey, Goofy, Olaf, Nemo, Spider Man.

August 3, 5, 6 Fit-N-Fun

Tumble, roll, stretch and jump with some of these active games: Wall to Wall, Elbow Tag, Crazy Legs, Run-Run Chicken, & Socks.

August 10, 12, 13 Aloha Summer

Join us as we have say goodbye to summer with some tropical fun. Leis, grass shirts, Hawaiian skirts, and limbo rock.

Adventure Days

Specialty camps for ages 7 and older.

All Adventure camps will have time for a dip in the pool. Add these camps on to our Golf/Tennis Camps and Golf Clinics to make a full day of fun. Cost: daily \$25, all three days \$65

June 16-18 Delicious Discoveries Time: 11:30a-2:30p

Whether its for breakfast, lunch, dinner or a snack, we will learn how to make some tasty

foods and eat them all up!

July 7-9 Sports of All Sorts Time: 1-4pm

It's not about football & baseball, we're putting a spin on sports. Create team names & flags. On One Side, Beanbag Basketball, Noodle Hockey, Marshmallow Dodgeball are

some of the wacky games we'll play.

July 21-23 Carnival Craze Time: 11:30a-2:30p

It's time to clown around! Carnival games, face painting, obstacle courses, Cupcake Walk, Mystery Box, and ice cold sno cones.

August 4-6 Creation Station Time: 1-4pm

Bring out your fun artistic side. Messy & creative projects with paint, chalk, glitter, glue, food & more. Play paint tag, tie dye bandanas/t-shirts, color wars and more.

Swim Lessons

Does your child need to learn how to swim or improve the skills they already have. We have lessons for all ages and levels. See our Summer Brochure for dates, times, and fees. Each session consists of four 30-minute classes.

Starfish Children will participate in water exploration & safety, putting face in water, bubbles, putting head under water, floating & more. Ages: 3 - 5

Stingrays Children will learn basic stroke development, skills, & techniques. Ages: 6 - 12

Private & Semi Private Lessons One on one private

instruction is aimed at your particular needs, whether that is improvement of strokes already known or to learn basic swim skills. You can also get into a semi-private lesson with a friend and have a fun learning experience that helps build & grow skills together. Joy is also able to teach children & adults with special needs adapting to particular needs.



Golf/Tennis Camp

Enjoy golf and/or tennis lessons, jump in the pool to cool off and then enjoy lunch daily at the golf course. T-shirt and prizes too. All skill levels encouraged to participate. Please provide your own tennis racquet. Extend camp with one of our Adventure Days.



Ages 7 and older Time: 9am - 1pm Cost: \$125 per child

Camp Dates: Session 1: July 7-9

Session 2: August 4-6

Junior Golf Clinics

Learn swing fundamentals & golf course etiquette. All skill levels encouraged to participate. Extend the day with one of

our Adventure Days Ages: 7 and older Time: 9am - 11:30am Cost: \$75 per clinic

Clinic Dates: Clinic 1: June 16-18

Clinic 2: July 21-23

Barracudas Swim Team

Team Barracudas is a summer swim team running from late May through July. All levels are welcome to join the team. Children up to 18 years of age can participate and must be able to swim 1 lap, 25 meters, unassisted. Stroke does not need to be legal. Team contact info:

www.leaguelineup.com/teambarracudas swimteambarracudas@gmail.com

Kayaking & Sailing Lessons at Gatling Pointe

Head on over to Gatling Pointe Yacht Club. They have classes for both children & adults. For more information & to register call GPYC at 357-0693.

In the case of inclement weather, events may be rescheduled.

Dates, times & themes are subject

to change. For your convenience, all our summer camp
information is available on our website at

www.riverfrontswimclub.com